



Manipal University Jaipur
Faculty of Management Commerce and Arts
Department of Liberal Arts and Social Sciences

BACHELOR OF PHYSICAL EDUCATION AND SPORTS - BPES
(Honours/Honours with Research)

(AY 2026-2027 onwards)

Program Outcomes, Program Specific Outcomes and Program Educational Objectives

Program Outcomes (POs)

PO1. Disciplinary Knowledge: Apply comprehensive knowledge of physical education, sports sciences, fitness, wellness, coaching, and sports management.

PO2. Scientific and Analytical Ability: Analyze human movement, physical fitness, and sports performance using scientific principles and evidence-based practices.

PO3. Research Competency: Plan, conduct, analyze, and present research in physical education and sports sciences using appropriate methodologies and ethical standards.

PO4. Critical Thinking and Problem Solving: Identify and solve problems related to teaching, training, performance enhancement, and health promotion through critical reasoning.

PO5. Communication Skills: Communicate effectively in oral, written, and digital modes for teaching, coaching, research dissemination, and professional engagement.

PO6. Digital and Technological Literacy: Utilize modern technologies, digital tools, and data-analysis software for sports training, evaluation, and research.

PO7. Ethics and Professional Values: Demonstrate ethical conduct, fair play, inclusivity, leadership values, and compliance with anti-doping and professional norms.

PO8. Indian Knowledge Systems and Indigenous Sports: Integrate Indian traditional games, yoga, and indigenous physical activities into physical education and sports practices.

PO9. Health, Fitness, and Well-being Promotion: Design and implement physical activity, fitness, and wellness programmes to enhance individual and community health.

PO10. Lifelong Learning and Employability: Demonstrate readiness for higher studies, research, entrepreneurship, and diverse careers through continuous learning and skill development.

Program Specific Outcomes (PSOs)

PSO1. Plan, deliver, and evaluate physical education lessons and sport-specific coaching programmes using appropriate pedagogical and training principles.

PSO2. Apply principles of exercise physiology, biomechanics, sports psychology, and training methods to assess fitness and enhance sports performance.

PSO3. Design and conduct research, analyze data using scientific and statistical tools, and interpret findings in the field of physical education and sports sciences.

PSO4. Develop and implement fitness, wellness, and community-based physical activity programmes while promoting Indian knowledge systems and indigenous sports.



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Program Educational Objectives (PEOs)

The graduates after successful completion of BACHELOR OF PHYSICAL EDUCATION AND SPORTS - BPES (Hons. / Hons. With Research) will be able:

PEO1. Establish successful professional careers or pursue higher education and research in physical education, sports sciences, fitness, coaching, and related domains.

PEO2. Apply scientific knowledge, pedagogical skills, and ethical values to promote physical fitness, sports performance, health, and wellness at individual and community levels.

PEO3. Demonstrate leadership, lifelong learning, and social responsibility while contributing to the development of sports, indigenous games, and physical education in alignment with national priorities.