



MANIPAL UNIVERSITY
JAIPUR

(University under Section 2(f) of the UGC Act)

Department of Liberal Arts
and Social Sciences

Bioscope:

Insights, Innovations, and

Intersections

July- Sept 2025

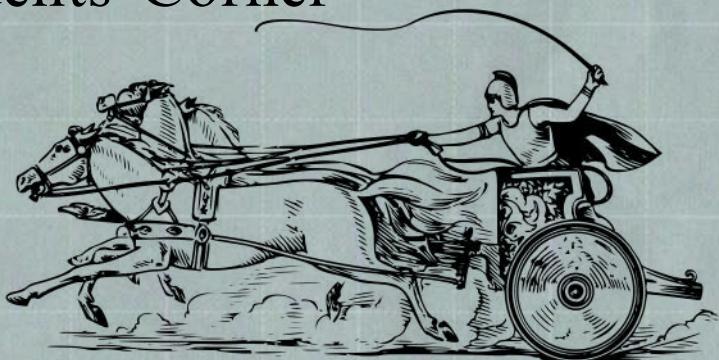
Vol. 1; Issue 1

*Lives in Motion: Stories of
Sportspersons Who Inspire You*

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HOD's Message

Dear Faculty Members and Students,

As we close another productive quarter, I am struck by the vibrant energy that defines the Department of Liberal Arts and Social Sciences. In an era often dominated by technical data, our community remains the heartbeat of critical inquiry, empathy, and cultural understanding.

This past quarter, we haven't just studied literature, society, and arts; we have interrogated the narratives that shape our world. Whether through spirited classroom debates, eminent guest lectures or our recent community outreach initiatives, you have proven that the "soft skills" of communication and critical thinking are, in fact, the hardest and most essential skills for the future.

Highlights of the Quarter

Interdisciplinary Growth: Our new collaborative workshops have bridged the gap between traditional theory and modern application.

Resilience: I am continually inspired by the dedication of our faculty and the intellectual curiosity of our students.

Impact: From creative lectures to discussions , our department's voice is resonating far beyond the campus walls.

I would like to request our students to continue to ask the "why" behind the "how" and to our faculty members, thank you for your tireless mentorship.

Together, we are not just observing the world; we are learning how to better it. I look forward to the discoveries the next quarter will bring.

Warm regards,

Dr. Richa Arora

Professor & Head

Department of Liberal Arts & Social Sciences

Editors' Message

Dear Readers,

We are pleased to present the first issue of Bioscope: Insights, Innovation and Intersection, marking a new chapter with the coming together of English, Arts, and Sports as one department. This newsletter emerges from a shared belief that learning thrives at intersections - where critical thought, creativity, and discipline inform one another.

Bioscope is envisioned as a space for expression, reflection, and collaboration. It brings together academic insights, creative work, and moments of collective achievement that define our departmental life beyond formal curricula. As this inaugural issue sets the tone, it also opens possibilities.

We hope it grows into a platform that captures evolving ideas, diverse voices, and the spirit of curiosity that binds our department together.

Warm regards,

Dr. Sneha Thakur
Chief Editor

Editors' Message

Dear Readers,

The creation of the department newsletter is not just a literary exercise but an extremely wholesome one. Being solely organized and executed by the students of the department with some mentoring from the faculty coordinators, it proves to be an exercise that the students very well create, curate and execute on their own, to a large extent.

As one of the faculty coordinators, it gives me great joy to see the students putting their best efforts for a project that is as creative as it is instructive; Academics is, of course, the core requirement for the students at the University.

However, a student's self-development is never complete without a comprehensive development of their personality. Working on the newsletter provides the students an avenue to explore their extra academic skills, learn and work with each other in a team and feel fulfilled at the end of it.

It is wonderful to see the students take responsibility for a project of the department and make it their own even if it means spending so many extra hours working on it. I have no doubt that we will come out with extremely informative, interesting and fun newsletters now and in the future.

Warm regards,
Dr. Radhika Mohan Gupta
Chief Editor

Editors' Message

Dear Readers,

I am delighted to present this edition of the Department of Liberal Arts and Social Sciences Newsletter. It highlights the academic, research, and co-curricular activities of our department.

Our focus remains on interdisciplinary learning and critical inquiry. Faculty members continue to contribute through quality teaching and research.

Students have actively participated in academic and social initiatives. The department encourages creativity, dialogue, and inclusivity. Collaborative efforts have strengthened our academic culture. These activities reflect our commitment to holistic education.

I appreciate the sincere efforts of all contributors. I wish the department continued success and growth.

Warm regards,

Dr. Deepak Bangari
Chief Editor

Editorial Board

Chief Editors



Dr. Sneha Thakur



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Vision and Mission

Department of Liberal Arts and Social Sciences

To be a leading Centre for critical inquiry, interdisciplinary collaboration, and civic engagement, empowering students to become global leaders, innovative thinkers, and compassionate global citizens.

To develop academic excellence through teaching and research, offer advanced, career-oriented programmes that provide professional knowledge, employability skills, and life skills while fostering community growth.

To equip students with core competencies in critical thinking, effective communication, rigorous research, and creative problem-solving, preparing them for a wide range of careers.

To prepare students for leadership in academia, public service, media, culture and global industries.

To inspire students to apply their knowledge to address real-world challenges, engage in community service, fostering a commitment to positive change.



Academic Corporate Visit to Dainik Bhaskar



On March 28, 2025, the Department of Arts at Manipal University Jaipur organized an Academic Corporate Visit to the Dainik Bhaskar Production Unit in Shivedaspura, Jaipur. This outreach initiative was specifically tailored for students of the B.A. Liberal Arts program to provide them with firsthand exposure to the high-pressure environment of a leading national newspaper. The primary objective was to bridge the gap between theoretical media communication studies and industrial reality, fostering a comprehensive understanding of the newspaper lifecycle—spanning from rigorous editorial fact-checking to the technicalities of high-volume printing and multi-district distribution logistics.



The visit commenced with an insightful presentation detailing the history and operational ethics of Dainik Bhaskar. Students then embarked on a guided tour of the facility, where they observed sophisticated, high-speed machinery capable of churning out an estimated 6 lakh copies daily.

This segment provided deep insights into the coordination required to manage packaging and transportation across five surrounding regional districts within tight deadlines. The experience culminated in an interactive session with industry representatives, allowing students to engage in critical dialogue regarding emerging trends in journalism and the future of print media.

Ultimately, the visit successfully enriched the students' academic perspectives by demonstrating the immense scale and speed of modern print production. By engaging directly with floor managers and editorial experts, the graduating batch gained a practical orientation that effectively complemented their curriculum, preparing them for the professional demands of the media and communication industry.

TALK-A-THON 3.0

Alumni lecture



The Department of Liberal Arts and Social Sciences, in collaboration with the Directorate of Alumni Relations and the Manipal University Jaipur Alumni Association organised Talk-a-thon 3.0 on 31st July 2025, an alumni lecture featuring Ms Twinkle Shekhawat, a 2025 graduate of the BA. (Liberal Arts) programme.

The event was designed to facilitate meaningful engagement between alumni and current students through the sharing of academic and professional experiences. The lecture aimed to illuminate the importance of integrating academic pursuits with cocurricular involvement and personal development. Drawing upon her journey as a student leader and early-career professional, Ms Shekhawat reflected on navigating academic responsibilities, leadership roles and professional opportunities while maintaining personal well-being.

By sharing practical strategies and personal insights, the session encouraged students to approach their university years with intention, adaptability and lecture was well received by students and faculty, generating thoughtful discussion and engagement.

TALK-A-THON 3.0

Alumni lecture



The Department of Liberal Arts and Social Sciences, in collaboration with the Directorate of Alumni Relations and the Manipal University Jaipur Alumni Association, organised Talk-a-thon 3.0 on 31st July, 2025. This alumni lecture featuring Ms Prachi Utreja, a 2025 graduate of the BA (Liberal Arts) programme, was organised as a platform to enable students to engage with alumni experiences that help bridge academic learning and professional aspiration.



The lecture sought to underscore the significance of balancing academics with meaningful co-curricular activities while recognising the opportunities provided by a liberal arts education.

Drawing upon her extensive involvement in student leadership, social initiatives and departmental activities, as well as her progression towards international postgraduate studies, Ms Prachi shared strategies for managing responsibilities while maintaining personal well-being. She emphasised discipline, selective engagement and continuous self-evaluation as key to navigating university life effectively. The session offered students valuable insights into the versatility of a liberal arts education and the skills acquired through interdisciplinary learning. The event concluded by reaffirming the department's commitment to alumni mentorship and supporting students in creating balanced and opportunity-oriented academic journeys.

TALK-A-THON 3.0

Alumni lecture



The Department of Liberal Arts and Social Sciences, in collaboration with the Directorate of Alumni Relations and the Manipal University Jaipur Alumni Association, organised a Talk-a-thon. 3.0 on 31st July 2025, an alumni lecture featuring Ms Vamakshi Singh, a 2025 graduate of the BA Liberal Arts programme.



The event served as a platform to strengthen alumni-student interactions through the sharing of academic and personal experiences. The lecture shed light on understanding college life as a space of growth, exploration and transformation.

Reflecting on her journey as an active student leader and her current pursuit of a master's degree in psychology, Ms Vamakshi spoke candidly about navigating academic pressures, extracurricular commitments and personal transformations. She laid emphasis on adaptability, self-awareness and the importance of peer networks and mentorship in managing the complexities that university life brings in its wake. The session encouraged students to understand uncertainty not as an obstacle but as an important part of learning and self-discovery. The lecture was well received by students and faculty alike, fostering thoughtful engagement and discussion.

Guest Lecture- Paras J. Haji Building a Career in the Writing Industry and Its Ethics

The Department of Liberal Arts and Social Sciences, Manipal University Jaipur organized an expert guest lecture titled “Building a Career in the Writing Industry and Its Ethics” on August 8, 2025. The session was delivered by Paras J. Haji, a sports reporter associated with Forbes Magazine, known for covering Olympic sports with Forbes, the World Athletics Championships, and the Swimming World Cup.



The lecture was held in online mode, and was attended by undergraduate, postgraduate, and research students from various disciplines including Liberal Arts, Social Sciences, English, Mass Communication, and related fields. The primary objective was to provide students experiential learning about creative writing, journalism, and ethics in professional writing.

As such the session focused on the key areas of building a successful writing career, the importance of multi-performing skills for writers, ethical standards in the writing and journalism industry, and insights into contemporary opportunities in sports and media writing.



Students learned about career-building strategies, the dynamic role of writers in media, and vital ethical standards that underpin professional journalism. Emphasis was placed on blending skills with ethics to succeed in the writing profession. Overall, the talk was a valuable resource for the students, contributing to their academic and professional development.

TALK-A-THON 3.0

Alumni lecture



The Department of Liberal Arts and Social Sciences, in association with the Directorate of Alumni Relations and the Manipal University Jaipur Alumni Association organised Talk-athon 3.0 on 25th August 2025, an alumni lecture featuring Ms Palak Joshi, a 2025 graduate of the BA (Liberal Arts) programme.



The event aimed to strengthen alumni- student engagement by creating a mentoring platform where students could learn from real academic and professional experiences. The session focused on encouraging students to think beyond classroom learning and to reflect on their broader academic and career goals.

Drawing upon her personal journey, Ms Joshi reflected on navigating through the uncertainty during college and how her aspirations evolved over time. She urged students to look beyond conventional markers of success and to evaluate opportunities in terms of personal fulfilment, social impact and intellectual growth. The lecture resonated deeply with students and faculty alike, prompting thoughtful engagement and introspection. The event concluded with an expression of gratitude to the speaker, reaffirming the department's commitment to fostering meaningful alumni connections and supporting students' academic and personal growth.



Beyond the Desk: Enhancing Communication and Collaboration for University Staff

The workshop titled “Beyond the Desk: Enhancing Communication and Collaboration for University Staff” was organised to strengthen the communication skills of non-teaching staff at Manipal University Jaipur. Recognising that effective communication is central to smooth institutional functioning, the session focused on enhancing clarity, coordination, and collaboration within the university’s administrative ecosystem.



The primary objective of the event was to promote inclusive, equitable, and quality learning in the workplace by helping participants understand formal and informal communication channels, practise active listening and precise messaging, identify and overcome common communication barriers, and improve professional written and verbal correspondence. The workshop aligned with broader goals of fostering effective workplace learning and collaboration.

The session was conducted by Dr. Neerja Vyas, Ms. Navami, and Dr. Divya Jyoti Kaur, Assistant Professors from the Department of Liberal Arts and Social Sciences. Through interactive discussions and guided activities, the trainers highlighted real-life communication challenges faced by non-teaching staff and offered practical strategies to address them. The workshop enabled participants to reflect on their communication practices and gain actionable skills to reduce misunderstandings, enhance teamwork, and contribute positively to the university’s work culture. The session concluded with an emphasis on applying these skills to strengthen everyday professional interactions.

Narrating the Planet in Crisis: Amitav Ghosh, Wild Fictions, and the Sustainable Future

The guest lecture titled “Narrating the Planet in Crisis: Amitav Ghosh, Wild Fictions, and the Sustainable Future” was organised on 4 September 2025 from 10:00 am to 12:00 pm at Manipal University Jaipur. The session was coordinated by Dr. Tanuja Yadav and Ms. Navami T. S., and was delivered by Prof. Somdatta Mandal, former Professor of English and Chairperson at Visva- Bharati University, Santiniketan. The lecture was attended by around 75 faculty members, students, and research scholars.



The primary objective of the lecture was to explore the role of literature and cultural narratives in responding to the planetary ecological crisis and promoting sustainable futures. Through critical engagement with the works of Amitav Ghosh, the session highlighted themes of ecological vulnerability, climate-induced displacement, and the unequal impact of environmental degradation on marginalized communities. The event aligned with SDG 13: Climate Action, underscoring the urgency of equitable and inclusive approaches to environmental sustainability.

Prof. Mandal contextualised India’s legacy of environmental awareness before analysing Ghosh’s writings on the Anthropocene, indigenous ecologies, and capitalist-driven ecological harm. The lecture concluded with a call for sustainable and socially just solutions, encouraging participants to reflect deeply on literature’s role in fostering planetary consciousness.

Teacher's Day

The Department of Liberal Arts and Social Sciences at Manipal University Jaipur celebrated Teachers' Day on 5th September 2025. The event brought together faculty and staff in a spirit of unity and celebration. The primary objective of the event was to acknowledge and celebrate the essential role of teachers in shaping society and nurturing education, while commemorating the birth anniversary of Dr Sarvepalli Radhakrishnan, former President of India.



The celebration aligned with Sustainable Development Goal 4, emphasising quality education and the importance of educators in achieving academic excellence. The event opened with a song sung by a student in accompaniment of his guitar, followed by a cultural segment which featured delightful performances by the faculty.

Their engaging presentations in the form of music, recitation, and dance added vibrancy and joy to the occasion. Interactive games and informal activities encouraged participation and strengthened bonding: the faculty members participated in different games such as 'word for song', 'wordchain', and chit-games.

Concluding with high tea, the event provided a warm opportunity for faculty members to connect in an informal and exuberant atmosphere. The participants expressed appreciation for the initiative, noting that it fostered a sense of belonging and mutual respect. Overall, the celebration successfully acknowledged the contributions of educators and reinforced a cohesive academic environment within the department.

Fresher's Day

The Department of Liberal Arts and Social Sciences organised a vibrant Freshers' Day Party on Monday, 8th of September 2025, at the Smt. Vasanti R. Pai Auditorium. The primary objective of the event was to create a welcoming atmosphere for freshers, to encourage their interaction with their peers and the faculty, and to promote inclusivity and bonding. It also aligned with Sustainable Development Goal 4 by promoting a supportive and positive learning atmosphere.



The programme commenced with a formal welcome and addresses by faculty members and the official release of departmental newsletters. The announcements were followed by several different cultural performances, including energetic solo and group dance performances, a thoughtful poetry recital, and heartfelt singing ventures.

The much-awaited ramp walk unfolded with generated enthusiasm, with the winners receiving sashes and crowns. Students followed a dress code wherein the freshers had to wear ethnic clothes, and the seniors had to wear decent western clothes.

The event received overwhelmingly positive feedback from both freshers and faculty. Students expressed that the event helped them overcome initial hesitation and feel welcomed. Faculty members appreciated the cultural diversity and inclusivity showcased by the performances.

From Blogs to Papers: Building Skills for Ethical and Engaged Writing

An insightful and engaging event titled “From Blogs to Papers: Building Skills for Ethical and Engaged Writing” was hosted by Manipal University Jaipur on 9th September 2025. Held in Room 222, AB3, the event was attended by over 100 students across various disciplines such as liberal arts, English, economics, physical education, psychology, and mass communication.



The primary objective of the event was to build students' capacities for ethical academic writing and communication, with a focus on transitioning from informal blog writing to formal research papers and using AI tools effectively. The event aligned with Sustainable Development Goal 4 by promoting quality education through skill-based academic and research training.

The session was conducted by Ms Lavanya Gupta, blog editor at the Regional Studies Association (UK) and an experienced scholar with a background in rural and feminist geography. The lecture was organised in two interactive sessions covering the importance of writing in academia, the anatomy of a strong blog, practical writing skills with AI tools, and moving from blog posts to research papers and beyond.

Practical exercises were combined with guided discussions on maintaining academic rigour, structuring arguments, and ethical considerations in writing. Students learnt how blogs differ from traditional research papers but require careful use of evidence, clarity, and ethical standards.



Various social media handles and university newsletters praised Ms Lavanya Gupta's interactive workshop. Feedback from students and the faculty was also overwhelmingly positive, appreciating the session's practical approach and relevance. Overall, the lecture successfully enhanced students' writing skills and academic engagement.

Game Plans of Sports: A Deep Dive into Tournament Formats

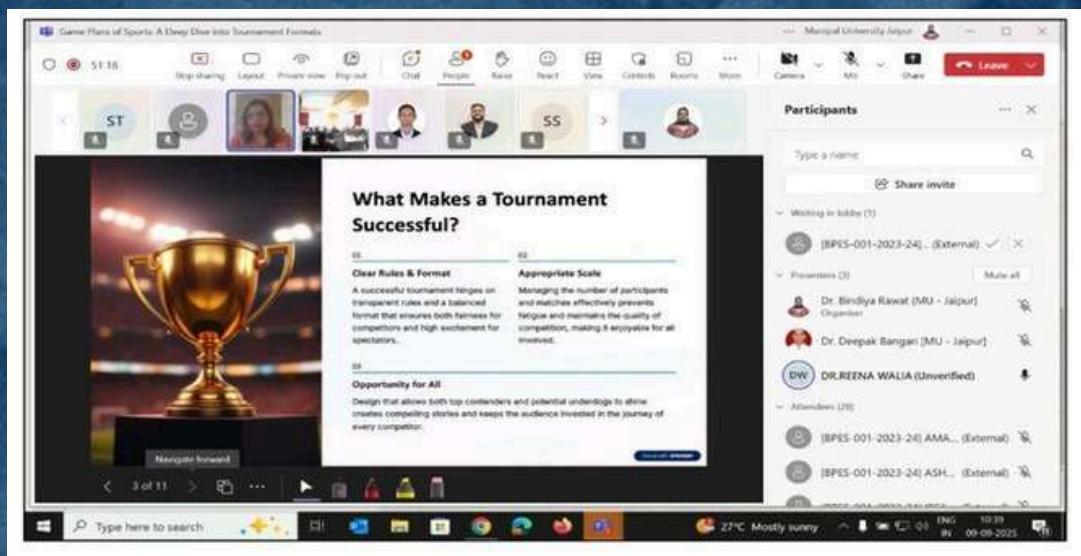


On September 9, 2025, the Department of Liberal Arts and Social Sciences at Manipal University Jaipur successfully organized an online guest lecture titled “Game Plans of Sports: A Deep Dive into Tournament Formats.” This academic initiative, conducted via MS Teams, was specifically curated for students of the Bachelor of Physical Education and Sports (BPES) to augment their understanding of the course PES1103: Methods in Physical Education. The primary objective of the session was to synthesize theoretical frameworks with practical applications in sports organization, ensuring that students are well-equipped for the complexities of sports management and tournament execution.



The event was grounded in global developmental priorities, specifically aligning with Sustainable Development Goal 3 (Good Health and Well-Being) and SDG 4 (Quality Education). By emphasizing the importance of structured, fair, and inclusive sports competitions, the lecture highlighted how professional management contributes to the broader goals of community wellness and specialized academic excellence. The session featured Prof. Reena Walia, a distinguished academician from Government Degree College, Bijauli, Jhansi. With an extensive background from the Lakshmibai National Institute of Physical Education (LNIPE) and over 18 years of experience, Prof. Walia offered a masterclass in the technicalities of competitive structures.

During the lecture, Prof. Walia navigated through the intricate principles of designing sports competitions, meticulously detailing various tournament formats—such as knockout, league, and combination systems—while evaluating their respective advantages and limitations. She provided a critical analysis of how these organizational "game plans" directly impact the psychological and physical performance of athletes, the strategic positioning of coaches, and the logistical efficiency required by organizers. The event saw a total of 38 registered student participants, representing a diverse cohort from the BPES I, II, and III years. This high level of engagement underscores the relevance of the topic to the current student body.



The session commenced with a formal welcome by Dr. Bindiya Rawat, followed by insightful opening remarks from the Head of Department, Prof. (Dr.) Richa Arora. The academic discourse concluded with a vibrant Q&A session where the 38 participants engaged in high-level interaction with the guest speaker to clarify real-world management scenarios. The event was brought to a formal close with a vote of thanks by Dr. Deepak Bangari, marking a significant step in the department's commitment to bridging the gap between classroom pedagogy and the professional sporting landscape.

The Science of Yoga: Evidence-Based Benefits

An online guest lecture on the topic “The Science of Yoga: Evidence-Based Benefits” was organised by the Department of Liberal Arts and Social Sciences on 10th September 2025 at Manipal University Jaipur. The guest lecture was held to express support for our BPES curriculum in the course code AT3230 – Yoga and Naturopathy.



The lecture aimed to explore the scientific foundations of yoga and highlight its evidence-based benefits for holistic physical, mental, and emotional well-being. The event aligned with Sustainable Development Goals 3 and 4 by promoting healthy lifestyles and fostering quality, research-orientated education.

The lecture was attended by a total of 38 students via Microsoft Teams. The lecture was delivered by Prof. Dr Krzysztof Stec, a senior lecturer at Jan Dlugosz University, Poland, and a renowned researcher in yoga studies. He emphasised the integration of traditional yogic wisdom with modern scientific research through his discussion of yoga's role in enhancing physical, mental, and emotional health. He also shared insights from his books and extensive research experience in India and abroad.

The session encouraged students and faculty to critically engage with yoga as both a personal practice and a scientific discipline. An interactive question-and-answer segment encouraged critical engagement among students. The event concluded with a vote of thanks, appreciating Dr Stec's inspirational contribution.

Exploring the Tapestry of Tradition: "India's Spiritual Heritage"

On September 10, 2025, the Department of Liberal Arts and Social Sciences (DLASS) at Manipal University Jaipur hosted a profound intellectual discourse titled "India's Spiritual Heritage." This session, a flagship event under the Expert Guest Lecture Series, featured Professor Rakesh Chandra, Professor of Eminence from the Department of Philosophy at the University of Lucknow. The event served as a critical platform for undergraduate students and faculty members to engage with the deep-rooted philosophical traditions of India, reinforcing the university's commitment to holistic and inclusive education.



The lecture was strategically mapped to Sustainable Development Goal 4 (Quality Education). By integrating indigenous knowledge systems and India's vast intellectual history into the academic curriculum, the department fostered a sense of cultural rootedness and global awareness among students. Professor Chandra's discourse emphasized that Indian spirituality does not exist in isolation from the material world; rather, it promotes an "integrated approach" where the spiritual and material coexist. He navigated the audience through the evolution of Indian thought—ranging from ancient materialism to the profound depths of spiritualism—and highlighted India's enduring contributions to politics, science, mathematics, and literature.



A significant portion of the talk was dedicated to Sri Aurobindo's vision of the Indian Renaissance and Potter's five-stage model of Advaita Vedānta. These complex philosophical concepts were rendered accessible to the 50 participants, including research scholars and faculty from both MUJ and the University of Lucknow. The session, coordinated by Dr. Mansi Vaish and supported by HoD Prof. (Dr.) Richa Arora and Associate Dean Prof. Trishu Sharma, concluded with a vibrant Q&A session. This interaction ignited a renewed appreciation for India's philosophical legacy, encouraging students to pursue independent inquiry into how ancient ideas continue to shape modern society.

Guest Lecture- Dr Prashant Shukla

The Task of a Philosopher: A Critical Analysis

The Department of Liberal Arts and Social Sciences, School of Arts, Faculty of Management, Commerce, and Arts organised an Expert Guest Lecture on “India’s Spiritual Heritage” by Professor Rakesh Chandra, Associate Professor from Department of Philosophy, University of Lucknow. It was held on September 12, 2025, for the students of BA Liberal Arts and faculties of SOA.



Directly aligning with the Sustainable Development Goal 4- Quality Education, the session aimed at understanding and engaging in inclusive and equitable quality education, promoting lifelong learning and discussing the philosopher's orientation (to question, to reflect and to reason) meaning, values, knowledge and purpose. The expert addressed the Question of Ultimate Reality, highlighted the struggle from sensuous to non-sensuous thought, traced the origins of Greek philosophy, presented how science and philosophy are complementary in the search for truth and finally, considered philosophy as an evolving thought-movement.





After the lecture was over, some thought-provoking discussion took place amongst students and the speaker and led to the conclusion of the session with the vote of thanks expressed by Dr Mansi Vaish. Such Guest Lecture series offer broadened perspective, enhanced engagements, and exposure to the real world for the students. This also benefits MUJ by enriching academic programs by enhancing curriculum and comprehensive education.

Bridging the Educational Gap: An Analysis of the Outreach Visit to Mahatma Gandhi Government School, Begas

On 17th September 2025, the Panacea Club of the Department of Liberal Arts and Social Sciences at Manipal University Jaipur conducted a significant community engagement initiative at Mahatma Gandhi Government School in Begas, Jaipur. This outreach event was designed not merely as a formal visit, but as a proactive step toward democratizing access to quality linguistic education and fostering a culture of academic curiosity among young learners in the local community.



The primary objective of the event was to promote a deep-seated awareness of the English language and literature. Rather than focusing on rote memorization, the organizers aimed to illustrate the practical importance of English as a global tool for communication, personal growth, and professional advancement. This initiative was strategically aligned with the United Nations Sustainable Development Goal 4 (SDG 4): Quality Education. By bridging the gap between university-level expertise and grassroots-level schooling, the event sought to provide inclusive and equitable learning opportunities for students who might otherwise lack exposure to specialized literary mentorship.

The event commenced at 11:30 AM, led by faculty members Dr. Preeti Dash and Dr. Eva Sharma. The structure of the day was intentionally fluid to encourage participation. Following a warm introduction by the faculty, five dedicated students from the Department of Liberal Arts and Social Sciences took the lead in facilitating interactive sessions. These discussions were pivotal; they allowed the school students to articulate their own interests, academic goals, and favourite subjects. By viewing English through the lens of literature rather than just a complex set of grammar rules, the beneficiaries were encouraged to see the language as a medium for self-expression and a vital asset for their future career trajectories.



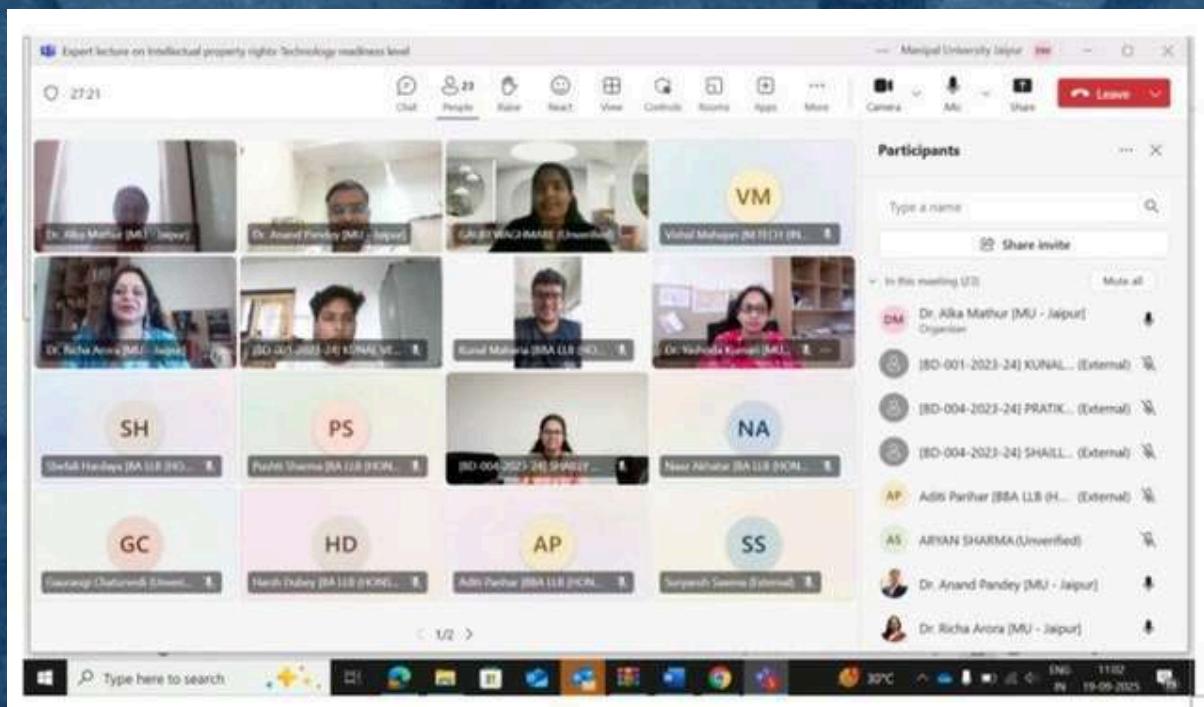
In conclusion, the outreach visit proved to be a resounding success, culminating in a group photograph that symbolized the burgeoning partnership between the university and the school. The feedback gathered from the session highlighted that the interactive approach was instrumental in fostering motivation and curiosity among the school students. Beyond the immediate transfer of knowledge, the session reinforced the importance of academic community service. It demonstrated that when higher education institutions engage with local schools, they do more than share information—they inspire the next generation of learners to broaden their horizons and recognize the transformative power of language in the modern world.

Guest Lecture- Gauri Waghmare

Intellectual Property Rights- Technology Readiness Level

The Department of Liberal Arts and Social Sciences in collaboration with E-cell Manipal University Jaipur, organized an online expert lecture via MS Teams on the topic “Intellectual Property Rights-Technology Readiness Level” on September 19, 2025. The session was delivered by Ms Gauri Waghmare, Founder and Managing Director- Gaurivandana Legal Services, Thane.

The event was held for students of M.A., PhD, BALLB and BBALLB with the objective of enhancing their understanding of the structure, planning, and execution of different ideas into innovation, which form an integral part of E-cell activities. Aligning with the Sustainable Development Goal 9(Industry, Innovation and Infrastructure), it connected theoretical knowledge with practical application in patent filing.



The screenshot shows a Microsoft Teams meeting interface. At the top, there are participant icons for 'VM', 'SG', 'KM', 'DK', and 'DM'. The 'Participants' list on the right includes 'Dr. Alka Mathur [MU - Jaipur] (Organiser)', 'JBD-001-2023-24 KUNAL... (External)', 'JBD-004-2023-24 PRATIC... (External)', 'JBD-004-2023-24 SHAUL... (External)', 'Aayush Kothiyap [BBA LLB H... (External)', 'Aditi Panwar [BBA LLB H... (External)', 'ARYAN SHARMA (Unverified)', and 'Amanika (Unverified)'. The main content area displays a slide titled 'Research and Development (R&D)' with three sections: 'Types of R&D', '1. Basic Research: Fundamental understanding of principles', '2. Applied Research: Aimed at solving specific, practical problems using existing knowledge.', and '3. Experimental Development: Applying existing knowledge to create new devices, products, or processes.' To the right of the text are illustrations of a test tube and a test tube rack. The bottom of the screen shows the Windows taskbar with various pinned icons and the date/time as 19-09-2025.

The speaker explained the principles of research and innovation, innovation development, technology readiness levels, difference between TRL, MRL and key steps of commercialisation. Students actively participated by asking questions and clarifying their doubts about real-world problems related to IPR and patent filing. The event concluded with a vote of thanks, expressing gratitude to the guest for sharing her expertise. Overall, the talk was a valuable resource for the students, contributing to their academic and professional development.

The Industrial Visit to Decathlon Sports



On September 30, 2025, students of the Bachelor of Physical Education and Sports (BPES) program at Manipal University Jaipur participated in a comprehensive industrial visit to Decathlon Sports, located on Ajmer Road. This field trip was meticulously designed to provide students with a multifaceted understanding of the sports business ecosystem, extending beyond the boundaries of traditional classroom instruction into the realms of design, marketing, and management.



The primary objective of this immersion was to bridge the conceptual gap between academic theory and the practicalities of a global sports retail giant. By observing Decathlon's operational dynamics, students gained critical insights into how a leading organization manages its supply chain, branding, and customer service. Led by Dr. Ketul Kumar and Dr. Vijendra Grover, the group of 29 students explored various technical segments—including cycling, fitness, and team sports—where they learned about the technical characteristics of specialized equipment and the rigorous quality control measures that define the brand.



In conclusion, the visit served as a vital professional catalyst, successfully aligning current industry trends with the students' educational goals. By engaging directly with store management and participating in hands-on demonstrations, the students left with a broadened perspective on career prospects in sports merchandising and management. Ultimately, such experiential learning opportunities are essential for fostering a deeper commitment to sports culture and preparing future professionals for the complexities of the global sports industry.

Alumni Lecture

Talk-a-thon 3.0

The Alumni Lecture – Talkathon 3.0 was organised on 31 July 2025 as a collaborative initiative of the Faculty of Management, Commerce and Arts, School of Arts, Department of Liberal Arts and Social Sciences, and the Directorate of Alumni Relations, in association with the Manipal University Jaipur Alumni Association (MUJAA). The event featured distinguished alumni of the BA (English) Honours programme, Batch of 2025, including Ms. Priyanshi Vijayvargiya.

The primary objective of the session was to strengthen alumni–student engagement by creating a platform for alumni to share their academic journeys, co-curricular experiences, and post-graduation aspirations. The lecture aimed to support holistic student development by encouraging active participation beyond the classroom, fostering self-discovery, and providing clarity on diverse career pathways such as higher education, competitive examinations, and creative and professional fields.

The beneficiaries of the event included newly admitted students of the Department of Liberal Arts and Social Sciences, faculty members, the Directorate of Alumni Relations, and MUJAA. During the session, Ms. Vijayvargiya reflected on her transformation from a hesitant student to an engaged learner, highlighting the role of faculty mentorship, student societies, and editorial and leadership experiences. The interaction offered valuable mentorship, motivation, and practical insight, reinforcing the role of alumni as role models and strengthening the culture of continuity and shared growth within the Manipal University Jaipur community.

Alumni Lecture

Talk-a-thon 3.0

Department of Liberal Arts and Social Sciences, in collaboration with the Directorate of Alumni Relations and the Manipal University Jaipur Alumni Association, organized the Alumni Lecture—Talkathon 3.0—on July 31, 2025. This installment of the series featured two distinguished graduates from the BA English Honours Batch of 2025, Ms. Priyanshi Vijayvargiya and Ms. Devadhi Patel. The session was specifically designed to mentor newly admitted students, providing them with a roadmap for navigating the academic, personal, and professional challenges of university life.

Ms. Devadhi Patel, currently pursuing her Master's at MAHE and a published author with internship experience at The Times of India, delivered a talk titled “Not Just a Degree: Art of Becoming in College.” She emphasized that the undergraduate years should be viewed as a holistic process of self-discovery rather than a mere pursuit of credentials. Her insights focused on the importance of building authentic networks, stepping outside comfort zones, and maintaining resilience when facing solitary challenges.

The event concluded with a heartfelt dialogue between Ms. Vijayvargiya and Ms. Patel, illustrating how peers from the same program can successfully chart diverse paths—ranging from competitive exams to creative ventures and higher education. Attended by 30 students and various faculty members, the lecture received exceptionally positive feedback for its candid nature. By showcasing these success stories, the university reinforced its commitment to a robust alumni-student ecosystem that inspires perseverance and authentic growth.

Violin Lecture Demonstration

The SPICMACAY MUJ Student Chapter, in collaboration with the Directorate of Students Welfare and the Department of Liberal Arts and Social Sciences, organised a violin lecture-demonstration titled “Violin Lecture Demonstration” on 25 August 2025 at 4:30 PM at the Smt. Vasanti Pai Auditorium.

The event featured Ustad Johar Ali, an eminent Hindustani classical violinist known for his unique synthesis of gayaki ang and tantra ang, accompanied by renowned tabla artist Ashif Ali.

The primary objective of the programme was to promote awareness of Indian classical music traditions among students, introduce the violin as a significant Hindustani classical instrument, and foster cultural appreciation and continuity. The event aligned with SDG 11: Sustainable Cities and Communities, emphasising cultural sustainability through the preservation and promotion of intangible heritage.



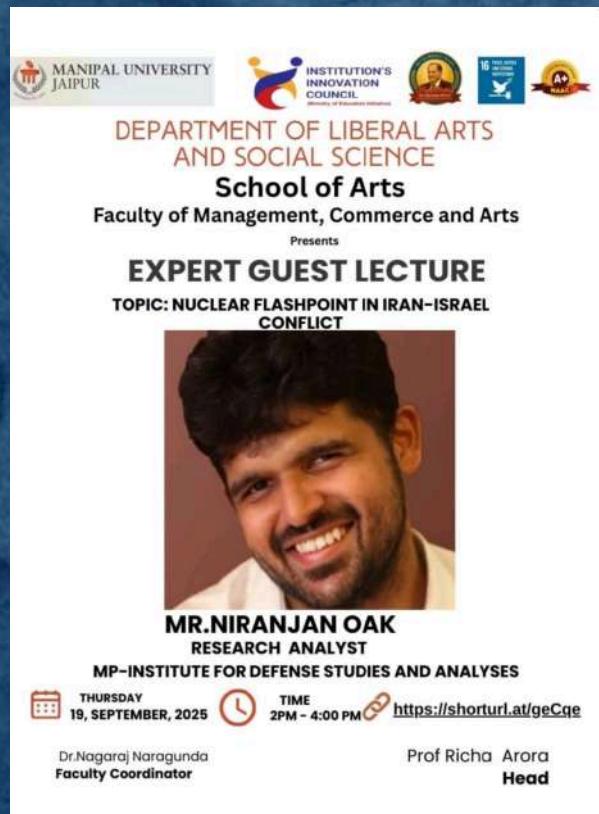
Attended by over 550 students and faculty members of Manipal University Jaipur, the evening began with a traditional lamp-lighting ceremony and felicitation of dignitaries and artists.

The highlight of the programme was a captivating jugalbandi performance, followed by an interactive session where students engaged with the artists on the discipline, philosophy, and legacy of classical music. The programme concluded with a vote of thanks and a group photograph, marking a successful celebration of India's rich musical heritage.

Guest Lecture- Mr Niranjan Chandrashekhar

Nuclear Flashpoint in Iran-Israel conflict

The Department of Liberal Arts and Social Sciences organised a guest lecture on “Nuclear Flashpoint in Iran–Israel Conflict”, held on September 19, 2025. The speaker for the session was Mr. Niranjan Chandrashekhar Oak, who serves as a Research Analyst at the Manohar Parrikar Institute for Defence Studies and Analyses (MP-IDSA), New Delhi. He provided an insightful Analysis of one of the most volatile and consequential rivalries in West Asia. As well as examined the historical roots, geopolitical tensions, and nuclear dimensions shaping the Iran–Israel confrontation.



The Primary beneficiaries of such a thought provoking talk were the students from M.A. International Relations and B.A. Liberal Arts programs. The main objective of the guest lecture being to enhance students' understanding of contemporary security challenges in West Asia, with a specific focus on the implications of nuclear politics and regional Rivalries.

The session aimed to provide an analytical framework for interpreting the complex interplay of diplomacy, deterrence, and power politics between Iran and Israel.

It concluded with an interactive session with the active participation of the students and their heartfelt gratitude for such an enriching opportunity.

Workshop on Beyond the Desk: Enhancing Communication and Collaboration for University Staff

Report Summary

The Department of Liberal Arts and Social Sciences conducted a workshop titled, “Beyond the Desk: Enhancing Communication and Collaboration for the University Staff” on September 1, 2025. It was held on the Basics of Communication for Non-Teaching Staff of the university. This session was designed to help them understand the intricacies of organizational communication—from recognizing formal and informal communication channels to practicing clarity, active listening, and professional correspondence. Discussion also included common barriers that can hinder communication and discuss practical strategies to overcome them.

The primary objective of this event was to promote inclusive, equitable and quality learning in workplace and its beneficiaries consisted of the Non-teaching Staff of Manipal University Jaipur. The guests and trainers of the workshop included Dr. Neerja Vyas (Assistant professor), Ms. Navami (Assistant professor) and Dr. Divya Jyot Kaur (Assistant professor) from the Department of Liberal Arts and Social Sciences, Manipal University Jaipur.



The session assisted the participants in appreciating the impact of effective communication and equipped them with strategies to strengthen collaboration, reduce misunderstandings, and contribute positively to the university's institutional environment.

India's Maritime Vision: From Sagar to Mahasagar

A guest lecture was organised on the topic “India’s Maritime Vision: From SAGAR to Mahasagar,” by the Department of Liberal Arts and Social Sciences at Manipal University Jaipur on 18th September 2025. It was attended by over 30 students from Liberal Arts.

The Primary objective of the expert guest lecture was to provide students and participants with a comprehensive understanding of India’s evolving maritime strategy and its implications for regional and global geopolitics. It aligned with SDG 14 by emphasizing the need for ocean sustainability, marine ecosystem protection, and responsible utilization of blue economy opportunities.



The session was delivered by Mr. Niranjan Chandrashekhar Oak, Research Analyst at the Manohar Parrikar Institute for Defence Studies and Analyses (MP-IDSA), New Delhi. He discussed key themes such as maritime security, regional cooperation, blue economy initiatives, and India’s role as a net security provider. The lecture also addressed contemporary challenges including climate change, illegal fishing, and maritime governance.

The lecture provided an engaging platform for MA International Relations and BA Liberal Arts students to interact with the expert, encouraging discussions on India’s foreign policy priorities, maritime diplomacy, and ocean governance. The event successfully bridged theoretical understanding with real-world strategic insights, inspiring students to critically engage with India’s maritime future and its implications for regional and global politics.

Implementation of Test, Measurement and Evaluation in the Improvement of Sports Performance

The Department of Liberal Arts and Social Sciences, Manipal University Jaipur, organized an online guest lecture via MS Team on 12th September 2025 on the topic “Implementation of Test, Measurement and Evaluation in the Improvement of Sports Performance” for BPES students. It aimed to provide students with insights into the role of test, measurement, and evaluation in enhancing sports performance through scientific assessment and practical application. It was attended by over 30 students from the department.



The primary objective of the session was to provide students with theoretical and practical insights into the role of testing, measurement, and evaluation in enhancing sports performance through scientific assessment methods. The event aligned with Sustainable Development Goals 3 and 4 by promoting good health and well-being through evidence-based performance assessment and strengthening quality education through skill-oriented learning.

The session was delivered by Prof. Joseph Singh, who is an eminent academician and researcher in Sports Biomechanics with extensive teaching and leadership experience.

The event was divided into two sessions:

The first session focused on theoretical foundations, emphasizing the importance of systematic testing and scientific assessment for performance enhancement.

The second session was practical, conducted on the Volleyball Court, where Dr. Singh demonstrated field-based techniques of testing and evaluation.

The event concluded with an interactive question-and-answer session and a vote of thanks. Overall, the lecture significantly enhanced students' understanding of scientific evaluation methods in sports performance.

The Expert Guest on INDO-US Relations in 21st century

The Department of Liberal Arts and Social Sciences, Manipal University Jaipur, organized an expert guest lecture on “Indo-US Relations in the 21st Century” on 15 September 2025. The session was delivered by Dr. Monish Torangbam, Senior Research Consultant at the Chintan Research Foundation, New Delhi. The lecture aimed to enhance understanding of one of the most significant relations in contemporary global politics.



The lecture traced the historical evolution of Indo-US ties and examined their transformation in the post-Cold War period. Dr. Torangbam highlighted key areas of cooperation, including security, economy, technology and global governance, while also addressing ongoing challenges and divergences. The discussion enabled students and faculty to critically reflect on India's foreign policy priorities and the future trajectory of Indo-US relations, aligning with SDG 4 by fostering global awareness and quality education.

The Expert Guest on the Middle East: Conflict, Diplomacy, and Realignments

The Department of Liberal Arts and Social Sciences, Manipal University Jaipur, organized the expert guest lecture “The Middle East: Conflict, Diplomacy and Realignments” on 12 September 2025. The session featured Dr. Mudassir Quamar, Associate Professor at Jawaharlal Nehru University, New Delhi, and brought together students and faculty for a discussion on the region’s complex political and diplomatic landscape. The lecture addressed longstanding conflicts and emerging regional and global alignments that continue to shape Middle Eastern politics.

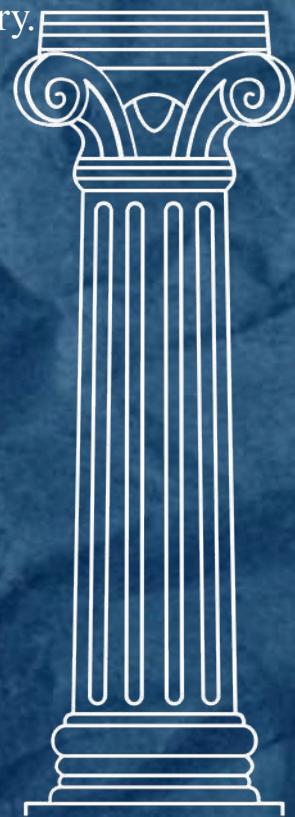


Drawing on historical context and contemporary developments, Dr. Quamar offered nuanced insights into issues such as regional rivalries, external interventions and shifting alliances. The interactive session encouraged critical engagement and helped participants develop a deeper understanding of conflict, diplomacy and peacebuilding in international relations. The lecture aligned with SDG 16 by promoting informed dialogue on peace, justice and strong institutions and was widely appreciated for its academic depth and relevance.

PhD Awarded



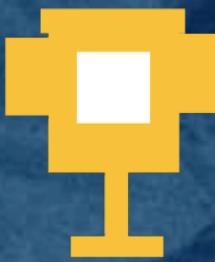
1. Mr. Sanjay Mohan Singh Chouhan (Reg.no. 191110608) successfully completed his PhD in English under the supervision of Dr. Rabindra Verma.
2. Mr. Sanjeev Sharma (Reg.no. 191114602) successfully completed his PhD in English under the supervision of Dr. Rina Poonia.
3. Ms. Aditi Tiwari (Reg.no. 191110611) successfully completed her PhD in English under the supervision of Dr. Priyanka Chaudhary.



Students' Corner

EVERY DAY IS A NEW DAY

National Achievement



We are proud to announce Kushagra's exceptional performance at the 68th National Shooting Championship in Bhopal, Madhya Pradesh.



Kushagra's skill and composure earned him top honors in the 50 M Rifle categories:

Gold Medal: 50 M Rifle Prone Event

Gold & Bronze Medals: 50 M Rifle 3 Position Event

These victories are a direct result of his unwavering focus and commitment to the sport. We celebrate this significant milestone with him and look forward to his continued success on the national stage.

Our warmest congratulations to Kushagra on this brilliant achievement.



A game

Anusha Gour
MA English - III

A game,
Traversing the fields of action,
Driven by the chariot of zeal.
A losing team of despair and,
A victory lap of the battlefield.

Dreams woven of sweat and blood,
Reality a lifestyle of discipline;
An athlete's motto in life,
To become and to be seen.

For the passion one holds,
For the tears that remain unshed,
The longing for the finishing line,
Like hope for stars out of reach.

Yet, A warrior's cry,
A runner's spirit,
A cricketer's resilience,
A swimmer's drowning wish:
To play, to rush, to strive, to win,
To be one with the passing wind.

A move of the flowing body,
An act of defiance indeed.
In the face of all that stills and stays,
One lives, breathes and becomes a game.



Punching through barriers and class structures: Thulasi Helen

VIDHI RATHORE,

PhD (DLASS)

“Some walls are not made of bricks, but centuries of silence.” -B. R. Ambedkar
Some are born on polished floors; others learn to run on broken glass. In India, caste and class not only limit movement; they script destinies before children even learn to spell their names. The world tells them: 'Stay where you are; know your place.' But every once in a while, someone refuses to stay where they are put. Someone indestructible by the caste and class hierarchy walks into the ring with borrowed gloves, not only to win, but to demand space. That someone was Thulasi Helen, an Indian boxer from a Dalit, financially struggling background.

She stepped into the boxing ring for survival. Her story grew in silence and bloomed in courage. What struck me about Thulasi's story was not just her victories, but the circumstances she had to fight through before she ever faced an opponent in the ring. The caste system was a force that worked against her; doors to opportunity were closed not because she lacked talent, but because she lacked an upper-class title. Coaches hesitated, institutions refused to fund her training, and society was quick to define her role instead of recognizing her potential. Boxing was not an escape for her; it was an act of rebellion.



She took odd jobs—delivering food, driving an auto—doing whatever she could to pay for training. What she lacked in resources, she made up for with grit. Seeing a young woman tightening worn-out gloves with bandaged hands, stepping into a ring where everything is uncertain except for her will, is a powerful display of resilience. Her story forced me to face a bitter truth: talent exists everywhere, but opportunity does not.

“Culture creates inequality, and then teaches us to believe that inequality is natural.” - Gramsci on Cultural Hegemony.

Thulasi reminds me of how the world often expects women, especially those from lower socio-economic backgrounds, to remain invisible. They are taught to shrink, to fit in, to apologize. But Thulasi did not shrink. She did not conform. She did not apologize. She punched. And every punch was a statement to the people who oppress minorities: ‘I exist. I matter. I will not be defined by what you think I deserve.’

As I think about her journey, I realize how often we measure success only by what we can see: trophies, headlines, and applause. But Thulasi’s story challenges that idea. True success is built before the spotlight shines: in lonely mornings, tired bodies, tears, and uncelebrated efforts. It’s found in every moment life knocks you down and you whisper, ‘Not yet. I am not done.’ Her refusal to give up makes me reflect: How often do I quit because something feels uncomfortable? How often do I let fear control my choices? How many times have I let circumstances turn into excuses?”

The more I think about her, the more her journey becomes a mirror. She shows me that dreams do not depend on perfect conditions; they are shaped in imperfect moments when we choose to try anyway. We romanticize success, but in reality, it is just persistence disguised as hope.

Serena Williams once said, ‘Every woman’s success should be an inspiration to another. We are strongest when we cheer each other on.’

In that way, Thulasi Helen is more than just an athlete. She changes the narrative. She represents every girl told, ‘You can’t.’ She stands for every young person judged by their background. She embodies every woman who has had to speak up to be I have learned that persistence is a quiet kind of rebellion. So, if I ever feel like the world is too heavy, I will remember her: a woman who turned her bruises into faith, a fighter who did not wait for permission, a story that keeps reminding me you do not have to be born into opportunity to create your own.

As Michelle Obama said, ‘There is no limit to what we, as women, can accomplish.’ Maybe we learn to rise without apology, and to take up space without permission.