



MANIPAL UNIVERSITY JAIPUR
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
DEPARTMENT OF PHYSICAL EDUCATION SPORTS AND YOGA

BACHELOR OF PHYSICAL EDUCATION AND SPORTS (BPES)

PROGRAM OUTCOMES (PO) - BPES

[PO.1]. Domain Knowledge: Capable of exhibiting in-depth knowledge and comprehension in the field of physical education and sports.

[PO.2]. Effective Communication: Ability to comprehend, communicate concepts clearly, and convey difficult material to various groups in a clear and succinct manner, both orally and in writing.

[PO.3]. Social Interaction: Encourages physical activity and sports to foster a sense of security, safety, and belonging.

[PO.4]. Effective Citizenship: Contribute positively because physical education and sports provide them the skills and information necessary to assert their rights and comprehend their obligations.

[PO.5]. Ethics: Promoting fair play and avoiding unethical behaviour.

[PO.6]. Environment and Sustainability:

Enables students to behave responsibly for the sake of current and future generations by giving them the knowledge and skills to make educated decisions.

[PO.7]. Self-directed and Life-long Learning: Develop technical and adaptable abilities to support lifelong learning and self-directed learning.

[PO.8]. Critical Thinking: Ability to employ critical thinking and efficient problem-solving skills through development of new strategies are expected attributing factors.

[PO.9]. Teamwork and Leadership qualities: Promote physical activities that develops appropriate leadership capabilities in the students.

[PO.10]. Research-related skills: Capability for asking relevant questions relating to the issues and problems in the field of physical education, fitness, and rehabilitation.

[PO.11]. Information/digital literacy: Ability to seek, access, and assess information on physical education and sports with digital literacy.

PROGRAM SPECIFIC OUTCOMES (PSO)

[PSO.1]. Understand the concept of physical education, sports & yoga and debate current physical activity issues and laws based on historical, philosophical, and sociological perspectives.

[PSO.2]. Understand and distinguish the functional operations of various national and international sports federations.



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[PSO.3]. Identify biomechanical, health, physiological, sports medicine and psychological limitations and interventions for improving physical performance.

[PSO.4]. Identify critical elements of motor skill performance and combine motor skills into appropriate sequences for the purpose of improving skill learning.